

# Gluten Free Menu

# January 2019

Menu Subject to Change

Chittenango School District Is An Equal Opportunity Provider and Employer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Holiday Recess  No School	2 Holiday Recess  No School	3 Holiday Recess  No School	4 Holiday Recess  No School
7 Hamburger On Gluten Free Bun	8 Diced Chicken Chef Salad	9 Hot Dog On Gluten Free Bun	10 Turkey & Cheese Sandwich On Gluten Free Bun	11 Gluten Free Pizza
14 Hamburger On Gluten Free Bun	15 Diced Chicken Chef Salad	16 Ham & Cheese Melt On Gluten Free Bun	17 Diced Chicken Chef Salad	18 Gluten Free Pizza
21 Martin Luther King Day  No School	22 Diced Chicken Chef Salad  <i>Regents Exam Day</i>	23 Hot Dog On Gluten Free Bun  <i>Regents Exam Day</i>	24 Turkey & Cheese Sandwich On Gluten Free Bun  <i>Regents Exam Day</i>	25 Gluten Free Pizza  <i>Regents Exam Day</i>
28 Hamburger On Gluten Free Bun	29 Diced Chicken Chef Salad	30 Ham & Cheese Melt On Gluten Free Bun	31 Diced Chicken Chef Salad	Sides should be chosen from regular school menu

### Please Pre-Order

To ensure your meal is ready at lunch time, please stop by the kitchen or call in advance to order your meal for the day

Bolivar 687-2888  
 Bridgeport 687-2277  
 Middle School 687-2811  
 High School 687-2920

Other menu offering may be available.

Visit our website to print an application and to view menus.

[www.chittenangoschools.org](http://www.chittenangoschools.org)

True or False  
 "Multigrain" breads are always whole grain?

False  
 (Multi-grain only means that multiple grains are used. The grains could still be refined.)