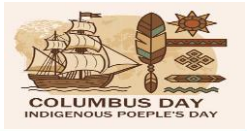
October 2026

CHITTENANGO MIDDLE / HIGH SCHOOL MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Did you know? Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.			1 Chicken Tenders w/ Dipping Sauce & Garlic Bread Stick Sweet Potato Fries Green Beans	2 Big Daddy's Pizza Tossed Salad w/ Dressing Steamed Broccoli
5 Mike's Cheesy Bites w/ Marinara Sauce Tossed Salad w/ Dressing Cucumber Slices w/ Dip or Hummus	6 Pizza Crunchers w/ Marinara Sauce Tossed Salad w/ Dressing Baby Carrots w/ Dip or Hummus	7 Roasted Chicken w/ Texas Toast Baked Beans Sweet Potato Waffle Fries Brookie Treat	8 Brunch for Lunch Egg & Bacon Sandwich on Croissant Starz Potato Bites 100% Vegetable Fruit Juice	9 Chef's Choice Pizza Slice Tossed Salad w/ Dressing Steamed Broccoli
12 Columbus & Indigenous Peoples Day NO SCHOOL 	13 Taco Tuesday: Walking Beef Taco w/ Lettuce, Cheese, Salsa & Sour Cream Cheesy Bean Dip Seasoned Corn	14 WG Lasagna Roll-Ups w/ Garlic Knot Tossed Salad w/ Dressing Green Pepper Strips	15 Orange Chicken w/ Vegetable Fried Rice Vegetable Eggroll Fresh Broccoli w/ Dip Fortune Cookie	16 Stuffed Crust Pizza Tossed Salad w/ Dressing Steamed Broccoli
19 Cheeseburger on Whole Gran Bun BBQ Baked Beans Sweet Potato Fries	20 Ham and Cheese Pretzel Melt Cucumber Slices w/ Dip or Hummus Potato Gems	21 Rotini w/ Meat Sauce & Texas Toast Tossed Salad w/ Dressing Steamed Carrot Coins	22 Brunch for Lunch French Toast Sticks w/ Chicken Sausage Starz Potato Bites 100% Vegetable Fruit Juice	23 Big Daddy Pizza Slice Tossed Salad w/ Dressing Roasted Broccoli
26 Bear Bowl Chicken Poppers / Corn Mash Potato / Cheese Gravy Baby Carrots w/ Dip Seasoned Corn	27 Taco Tuesday: Soft Beef Taco w/ Lettuce, Cheese, Salsa & Sour Cream Cheesy Bean Dip Seasoned Corn	28 Hot Meatball Sub w/ Mozzarella Tossed Salad w/ Dressing Seasoned Carrots	29 Chicken Broccoli Alfredo w/ Texas Toast Green Pepper Strips w/ Dip Seasoned Peas	30 ½ Day All Schools NO LUNCH 

Second Choice:

Monday: All Beef Hot Dog on Whole Grain Bun

Tuesday: Whole Grain Chicken Nuggets

Wednesday: Hamburger/Cheeseburger on Bun

Thursday: All Beef Hot Dog on Bun

Friday: Chicken Patty on Bun

The yogurt meal and Un-Crustables available daily. Assorted Fruits and Milk Choice come with each meal

Meals Subject to Change

School Info

If you could use help getting the food you need, SNAP might be right for you. Visit SNAPHelpNY.org or text SNAPNY to 844-366-3435 to see if you may be eligible.

Chittenango CSD is an equal opportunity employer and provider.