Parents/Guardians/Student:

Please read carefully the attached information which includes the following:

- The Chittenango Central School District Extra-Curricular Handbook;
- Concussion Information Sheet;
- Health History Form (please sign and return); and
- Chittenango Central School Code of Conduct Acknowledgement Form (please sign and return the last 2 pages).

The forms being signed are valid through the student’s graduation date. We will, however, ask that you complete/update new forms for each extra-curricular and/or co-curricular activity every year/season.
Chittenango Central School District

EXTRA-CURRICULAR HANDBOOK

Rules and Expectations for Participation
In Extra-Curricular and/or Co-Curricular Activities

Introduction

Extra-curricular and/or co-curricular activities are an important component of the District’s educational program. This Handbook for students applies to students from their first extra-curricular and/or co-curricular participation through graduation. These rules are in effect from August 15 through June 30 of each school year, and apply to all students in grades seven through twelve. Participation in extra-curricular and/or co-curricular activities is a privilege, not a right. Students’ participation in the District’s extra-curricular and/or co-curricular programs is conditional upon their adherence to the provisions of this Handbook for students involved in extra-curricular and/or co-curricular activities. In addition to the requirements set forth in this Handbook, the Interscholastic Athletic Program and participating coaches, students and parents shall be governed by the policies, bylaws, regulations and any other requirements promulgated by the Onondaga High School League, Section III Athletics and the New York State Public High School Athletic Association (NYSPHSAA).

Your child has expressed an interest in participating in the District’s Extra-Curricular and/or Co-Curricular programs. Participation in these programs provides many opportunities for enrichment in a student’s educational program. These guidelines are intended to set forth standards, rules, expectations and procedures associated with such participation. All students who would like to participate in extra-curricular activities shall be subject to this Handbook, the Student Code of Conduct, Student Rights and Responsibilities and all related matters as set forth in the Student Handbook. As an athlete, member of a club or a student activity, you represent the school in a special way. Therefore, you must maintain a high standard of conduct, both in and out of school, on and off the playing field, as a host or guest of an opponent, and in all of your activities in the community. Cooperation and self-discipline are essential ingredients for a successful group effort.

The Code of Conduct consists of two integral components:

1) Academic Requirements 2) Appropriate Behavior/Conduct

Participation on any athletic team or club is contingent upon the student’s willingness to commit to its provisions as evidenced by his/her completing and signing an official letter of commitment.

Academic Eligibility

All students are eligible to try out, practice and play if they have achieved at least an overall 65 grade point average and have failed fewer than 3 courses in the prior 10 weeks of the 1st, 2nd or 3rd marking periods to the current season. The final average will be used to determine fall eligibility. Eligible athletes must maintain fewer than 3 failing courses throughout the entire season of the activity.
If a student is failing 3 or more classes, the student is required to practice with the team but is unable to dress for games or travel to away games. The student must carry a pink sheet to have a daily progress report for all failing classes. At the completion of 5 weeks, if the student is failing fewer than 3 classes he or she may resume full status in the desired activity. If he/she is still failing 3 classes or more, then he/she will be removed from the activity.

**Attendance**

Daily, on-time attendance is expected. A student shall not be permitted to participate in a competitive event or performance if absent on the day of the event. Students who receive an in-school or out-of-school suspension as a disciplinary penalty shall be considered absent for the day, and will be ineligible to participate in practice, a competitive event or performance. If a student arrives after 9:00 a.m. or leaves school before 2:11 p.m., they must return with a doctor’s note to be allowed to participate that day. Certain absences or tardiness will only be excused with the permission of the Principal or Director of Athletics.

**Appropriate Conduct Requirements**

All Participants shall avoid any infractions of the District’s Code of Conduct. In addition, students shall avoid any action or participation in an activity outside of school which is detrimental to the team or brings embarrassment or an unfavorable view on the student, his/her teammates or participants, coaches, advisors, family, school or community. Although this inappropriate behavior may not be a direct violation of the Code of Conduct, have resulted in a suspension of any kind or may have taken place out of the school environment, it remains a concern for the school due to the reflection such negative behaviors may have on the school district, the extra-curricular program, the advisors/coaching staff and fellow participants/athletes. Such conduct or behaviors could result in temporary or permanent suspension from activities. Such alleged violation(s) will be subject to review and possible subsequent action. Examples of some behaviors, which would be considered as violations of the Code of Conduct, are delineated in the attached Appendix and are provided to parents and students as a part of the commitment letter that is signed by both the student and parent. The Appendix list is not meant to be all-inclusive.

**Application of the Handbook**

These rules are in effect from the first day of fall sports practices (August 19th in 2019) through June 30 of each school year and will continue until the date of the school’s recognized graduation day. Once this Handbook is signed the first time, it will be in effect until the student graduates. The student’s and parents’ most recent signatures will be in effect at all times, including all locations. Each coach/advisor also has the prerogative to establish and promulgate additional guidelines specific to his/her particular team/activity, so long as such guidelines do not erode or minimize the criteria above and are on file with the director of athletics and/or advisor.

**Penalties**

Violations of this Handbook or the District Code of Conduct will result in penalties as determined formally by the building principal or Superintendent of Schools and the Director of Athletics. In determining appropriate penalties, the building principal/Superintendent of Schools and the Director of Athletics shall be guided as follows:

**Use/Under the Influence of/Possession/Distribution of Illegal Substances:** If a student is found to be using, under the influence of, in possession of, or distributing any Illegal
Substances, as that term is defined in the Code of Conduct, including but not limited to on school grounds, buses, or any site which may be utilized for a school sanctioned event, the penalty will automatically begin with the Second Offense penalty.

First Offense

- If an offense occurs that is deemed to be a violation of the District Code of Conduct or a violation of appropriate conduct under this Handbook, the participant will be allowed to practice with the team, but shall not be allowed to participate in the team’s scheduled competitions according to the eligibility chart. For example, a player on a team with a 16-game schedule found guilty of smoking would be expected to practice with the team or group but would not be permitted to participate in the first four scheduled contests or 25% of performances. Scrimmages and or exhibitions are not considered scheduled contests/performances.
- Self Reporting Clause: A student may report themselves for a violation of the Code of Conduct to the Director of Athletics, or the building principal, and have their consequence reduced from 25% to 15% of the scheduled contests. The Self Reporting Clause is only good for a first time violation.
- Counseling will be required in order for the student to return to play/participate. For a First Offense, one counseling session will be required. Counseling can be done with a school counselor, or a counselor of the parent(s)/guardian(s)’ choosing.
- Penalties which cannot be served during the sport or performance season in which they are imposed will be carried over for completion in the next sports or performance season in which the student participates.

Second Offense

- If a second offense occurs, the games penalty and/or performance penalty will be increased according to the eligibility chart. If the second offense occurs within the same calendar year (the 365 days following the disposition of the first violation) as the first offense, the games/participation penalty will be increased proportionally; for example, for a 16 games season, a second offense would be for 8 scheduled contests or 50% of the performances, but within the same calendar year as the first offense the penalty would be 12 games or three-fourths (¾) of the performances. For a second offense within the same sport season, the student will be suspended for the remainder of the season. All violations will carry over to the next performance or season until completely fulfilled.
- Counseling will be required in order for the student to return to play. For a second offense, three counseling session will be required. Counseling can be done with a school counselor, or a counselor of the parent(s)/guardian’s choosing. If done outside of school, documentation must be submitted to the school before reinstatement occurs.

Third Offense

- If a third offense occurs, the student shall be removed from participation in all interscholastic athletics and performances for 365 days beginning on the date the third offense is imposed.
- Counseling will be required in order for the student to return to play. For a third offense, seven counseling session will be required. Counseling can be done with a school counselor, or a counselor of the parent(s)/guardian’s choosing. If done outside of school, documentation must be submitted to the school before reinstatement occurs.
Appeal

- Any consequence imposed under this Handbook can be appealed. An appeal must be submitted in writing to the Superintendent’s office within 10 days of notification of the consequence. An appeal committee consisting of the building Principal, a central office administrator, and an unaffiliated coach will review the appeal the case and render a final decision within a reasonable time period. The student will remain under suspension while the appeal of the case is reviewed.

Offenses Resulting in Arrest or the Filing of Formal Charges in Court

In the case of an arrest or issuance of an appearance ticket for a criminal offense or filing of charges for a criminal offense, the student shall be removed from the team/extra-curricular activity until the matter is effectively reviewed. If the District has adequate and competent evidence that the student participated in the offense for which he or she is charged, it shall be considered as a second (2nd) offense at a minimum. A penalty shall be immediately imposed pursuant to this Handbook. The District reserves the right to prefer stricter disciplinary consequences, including suspension in future seasons, upon the completion of the criminal proceeding.

Penalty Chart

<table>
<thead>
<tr>
<th># Of Regular Season Scheduled Contests</th>
<th>Contest Penalty First Offense</th>
<th>Contest Penalty Second Offense</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/9/10/11</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>12/13/14/15</td>
<td>3</td>
<td>6</td>
</tr>
<tr>
<td>16/17/18</td>
<td>4</td>
<td>8</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sport/Level</th>
<th>Maximum # of Contests</th>
<th>15%</th>
<th>25%</th>
<th>50%</th>
<th>75%</th>
</tr>
</thead>
<tbody>
<tr>
<td>V/JV Baseball, Softball, Basketball, Volleyball, Ice Hockey, Bowling, Wrestling</td>
<td>20</td>
<td>3</td>
<td>5</td>
<td>10</td>
<td>15</td>
</tr>
<tr>
<td>V/JV Soccer, Lacrosse, Tennis, Golf, Winter Track, Outdoor Track, Cross Country</td>
<td>16</td>
<td>3</td>
<td>4</td>
<td>8</td>
<td>12</td>
</tr>
<tr>
<td>Modified Baseball, Basketball, Softball, Tennis,</td>
<td>14</td>
<td>3</td>
<td>4</td>
<td>7</td>
<td>11</td>
</tr>
<tr>
<td>Sport/Level</td>
<td>Maximum # of Contests</td>
<td>15%</td>
<td>25%</td>
<td>50%</td>
<td>75%</td>
</tr>
<tr>
<td>-----------------------------</td>
<td>-----------------------</td>
<td>-----</td>
<td>-----</td>
<td>-----</td>
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</tr>
<tr>
<td>Volleyball, Wrestling</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Modified Lacrosse, Soccer</td>
<td>12</td>
<td>3</td>
<td>3</td>
<td>6</td>
<td>9</td>
</tr>
<tr>
<td>Modified Track</td>
<td>10</td>
<td>2</td>
<td>3</td>
<td>5</td>
<td>8</td>
</tr>
<tr>
<td>V/JV Football</td>
<td>8</td>
<td>2</td>
<td>2</td>
<td>4</td>
<td>6</td>
</tr>
<tr>
<td>Modified Football</td>
<td>7</td>
<td>2</td>
<td>2</td>
<td>4</td>
<td>6</td>
</tr>
<tr>
<td>Other Extra-curriculars</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; Offense</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt; Offense</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt; Offense in year</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; Offense</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Performing/Non Performing</td>
<td></td>
<td>1</td>
<td>3</td>
<td>5</td>
<td>One Year</td>
</tr>
</tbody>
</table>

The above listed sanctions are advisory and, as a general rule, discipline will be progressive. This means that a student’s first violation will usually merit a lighter penalty than subsequent violations. However, District personnel may impose any level of discipline, even for the first violation, that is proportionate to the misconduct at issue. In determining the appropriate disciplinary action, school personnel authorized to impose disciplinary penalties will consider the following: (1) the student’s age; (2) the nature of the offense and the circumstances which led to the offense; (3) the student’s prior disciplinary record; (4) the effectiveness of other forms of discipline; (5) information from parents, teachers and/or others, as appropriate; and (6) other extenuating circumstances.

It should be noted, notwithstanding the above chart of penalties, that the facts of an incident may warrant immediate removal from the activity if the Director of Athletics/Advisor and the building principal believe that the offense committed by the participant warrants such action.

**Examples of Infractions Resulting in Penalties**

Any infractions of the Chittenango Code of Conduct resulting in a disciplinary penalty, or inappropriate behavior as defined by this handbook will result in progressive levels of discipline under this Code. Such infractions and behavior include but are not limited to:

- **Alcohol and other Substance Use/Abuse** - Possession, distribution, consumption, being under the influence of, or sale of illegal substances, look-a-likes, alcoholic beverages, drug paraphernalia, prescribed medication or non-prescription or over-the-counter medication (other than in accordance with school procedures through the nurse’s office) on school property, on a school bus or at a school function. Possession will be presumed if illegal substance(s), alcoholic beverage(s) or drug paraphernalia are found in an area of control by the student (i.e. backpack, automobile, personal belongings). “Illegal substances” include, but are not limited to inhalants, marijuana, cocaine, LSD, PCP,
amphetamines, barbiturates, ecstasy, heroin, steroids, any substances commonly referred to as designer drugs and look-a-likes (including but not limited to synthetic cannabinoids), prescription or over-the-counter drugs, or any product which, when misused, will result in an impaired or altered state, when possession is unauthorized, or such are inappropriately used or shared with others. “Under the Influence” means if a student has used any quantity of an illegal substance or alcohol within a time period reasonably proximate to his/her presence on school property, on a school bus, in a school vehicle, or at a school-sponsored function and /or exhibits symptoms of such use as to lead to the reasonable conclusion of such consumption.

- **Tobacco Violation** - Possession, distribution or use of any Tobacco Product; this prohibition includes violations on school property, at a school function, or on a school bus. “Tobacco Product” means any lighted or unlighted cigarette, cigar, cigarillo, pipe, bidi, clove cigarette, e-cigarette or other vaping and/or nicotine containing device, spit/spit less tobacco and any other smoking or tobacco product, (smokeless, dip, chew, snus and/or snuff) in any form.

- **Hosting of Drinking/Drug Parties** – Student-athletes are prohibited from hosting/attending a party that involves alcohol or Illegal Substances.

- **Absence from School** - The practice of students staying home on school days to rest for events that day or night is unacceptable. Students need permission from the principal/designee to play or practice on a day that they arrive after 9:00 a.m. without proper permission.

- **Hazing/Initiation Ceremony** - Chittenango coaches/advisors will not permit, nor will Chittenango students stage, any type of “initiation ceremony” or hazing for athletes at any time and on any level.

- **Poor Sportsmanship** – Student-athletes, whether participants or spectators, will observe courteous behavior during all sporting events. Booing, whistling, name calling, obscene gestures, fighting or arguing with the sports official or other athletic participants will not be tolerated.

- **Stealing** - Stealing of any kind, including athletic clothing belonging to Chittenango or our opponents, will not be tolerated.

- **Vandalism or Property Destruction** - Vandalism or property destruction are Level Three infractions in Chittenango’s Code of Conduct. These offenses may result in internal or external suspension and appropriate penalties for violation of the Handbook.

- **Bullying/Cyber Bullying** – Students will refrain from consciously, willfully and deliberately causing a hostile activity intended to harm another student either physically or mentally.

- **Student Training** – Rules shall include the Student Code of Conduct. In addition, the advisors/coach will provide specific training rules for each activity not otherwise covered by these guidelines. Student athletes are expected to follow healthy eating habits, habits of cleanliness, absence of alcohol, tobacco and non-prescription drug use. Diet supplements, weight loss pills, performance-enhancing drugs such as steroids and other related items are strictly prohibited.

- **In School Suspension (ISS) /Out of School Suspension (OSS)** – If a student is
assigned a half day or more of In School Suspension, the student is ineligible to attend practice or participate in a contest or performance. If a student is Suspended Out of School, they are ineligible to attend practice of participate in a contest or performance. Their first day to return will be the day the student returns to school.

We encourage that during summer months parents will continue to uphold the above standards.

I. Team/Club Activity Standards

A. All students must receive a sports physical (if playing a sport) before participating in any practice or contest. The School Physician may provide sports physicals. Physicals provided by the student’s personal physician must be accepted and approved by the School Physician. A sports physical will be valid for one school year, subject to review if there is a significant injury or illness as determined by the District representatives. A sports physical update by the District Nurse must occur prior to participation in the student athlete’s next sports season.

B. All students must attend all practices and performances unless excused by the coach/advisor.

C. All students must demonstrate respect for all people involved at any event. This includes the avoidance of physical or verbal abuse, including so-called trash-talking.

D. Students must demonstrate control over emotions and language.

E. Students must follow any specific rules provided by the team coach or advisor.

F. All students must ride the District bus to and from all contests and performances requiring travel. Any student may receive permission from his or her coach/advisor/director of athletics to ride to/from a contest with his or her parents/guardian, and only with written permission as specified in our District policy, which can be obtained from the Director of Athletics/Advisor.

1. Injuries and Insurance

Parents will be advised of the fact that there are inherent risks associated with participation in interscholastic athletics. Even with proper instruction and all available safety precautions, it is possible for injuries to occur. A student shall report any injury to his/her coach immediately. All injuries shall also be reported to the trainer and school nurse. Parents’ insurance will apply first for any accident or injury. The District may maintain an insurance policy to supplement the parents’ insurance and to assist those who do not have any health and accident insurance coverage. Questions regarding this coverage should be referred to the Business Office.

2. Outside Team Rule

The New York State Public High School Athletic Association permits outside (non-school sponsored) competition. Student athletes must recognize that commitment to the school team is the first priority and outside participation should not be detrimental to the student athlete or to the school team. Any outside participation should only occur following notification to and approval from the coach of the corresponding school team. In circumstances where the outside activity conflicts with the school team schedule, the school team schedule shall be followed. Failure to comply with this provision will result in discipline to the student athlete as determined by the coach and Director of Athletics.
3. Issuing of School Equipment and Clothing

It is the responsibility of a student athlete to return all issued equipment and clothing to the team coach. Failure to comply with this guideline will result in the student not being allowed to participate in another sport/activity until the equipment is either returned or paid for. The Director of Athletics and/or building principal will notify parents and students of the missing equipment and the amount of payment due the District for replacement.

4. Athletic Placement Process (For Athletic Participation)

Students in grades 7 or 8 who are exceptional athletes are provided an opportunity to try out for a freshman, junior varsity and/or varsity team if the head varsity coach deems the athlete exceptional. This is not an open tryout, but a recommendation by past coaches. Students must meet the requirements of the New York State Athletic Placement Process Guidelines. These requirements may be obtained from the Director of Athletics.

5. Administration of Guidelines

It is the intention of the District, Director of Athletics and coaches and advisors to provide a positive experience for all students in the District’s Extra-Curricular and Co-Curricular programs. These guidelines have been developed to enhance that experience and to clearly define District, Director of Athletics, coach and advisor expectations for such participation. The Director of Athletics, coach, advisor and high school principal shall have the general administrative authority to implement these guidelines, and to address those situations which may not be specifically set forth in this document. The District, Director of Athletics /Advisor and High School Principal further reserve the right to amend these guidelines, and to provide notice of such amendments to all parents and students participating in the District’s Extra-Curricular and Co-Curricular programs.

Acknowledgement of the Risk of Injury

Parents and guardians acknowledge that participation in athletic programs exposes participants to the risk of injury, including, but not limited to, the risk of sprains, fractures and ligament and/or cartilage damage, which could result in a temporary or permanent, partial or complete impairment in the use of limbs, brain damage, paralysis or even death. Having been so cautioned and warned, participation in the District’s athletic program by the student athlete indicates the parents’ full knowledge and understanding of the risk of injury.

APPENDIX

Besides athletics, the following are co-curricular activities:
Bear Facts
Dixieland Band
FBLA
French Honor Society
Sophomore Class Officer
Senior Class Officer
Mock Trial
Musical
National Junior Honor Society
Yearbook
Chamber Orchestra
Fall Play
Fine Lines
Freshman Class Officer
Junior Class Officer
Jazz Band
Model UN
National Honor Society
Select Choir
Robotics
Revised: August 2018
Chittenango Central School District  

STUDENT ATHLETE  

Return to Play Protocol Following a Concussion  

The following protocol has been established in accordance to the National Federation of State High School Associations and the International Conference on Concussion in Sport, Prague 2004. In addition, it has been fabricated in a collaborative effort with concussive experts within the greater Syracuse area and the Chittenango High School’s Concussion Management Team. As such, it is imperative to remember the safety of the student-athlete is the primary concern of the Chittenango Central School District and its medical personnel.

The information contained below is to be used as mere guidelines to be implemented in the time following a concussive event. This information is **not to be considered all inclusive or all encompassing.**

When a student-athlete shows signs or symptoms of a concussion or is suspected to have sustained a brain injury after an evaluation by competent medical personnel at the time of the incident;

1. the student-athlete **will not** be allowed to return to play in the current game or practice;  
2. the Athletic Trainer or Team Coach will fill out and date the *Initial Concussion Evaluation Card*, which will be sent along with the student to their doctor visit;  
3. the student-athlete should not be left alone, and regular monitoring for deterioration is essential for the initial few hours following injury;  
4. following the initial injury, the student-athlete **must follow up** with their Primary Care Physician or by an Emergency Department within the first 24 hours;  
5. the Primary Care Physician or Emergency Department Doctor must fill out, sign and date the *Physician Concussion Evaluation Card*;  
6. the student-athlete **must present** the completed *Initial Concussion Evaluation Card* and the completed *Physician Concussion Evaluation Card* to The Chittenango Athletic Trainer in the training room at Chittenango High School in order to begin the return-to-play protocols; and then  
7. return to play **will follow** the process described below.

The cornerstone of proper concussion management is rest until all symptoms resolve and then a graded program of exertion before return to sport. The program is broken down into six steps in which only one step is covered per one 24-hour period. The six steps involve the following:

1. No exertional activity until asymptomatic.  
2. Light aerobic exercise such as walking or stationary bike, etc. No resistance training.  
3. Sport specific exercise such as skating, running, etc. Progressive addition of resistance training may begin.  
4. Non-contact training/skill drills.  
5. Full contact training in practice setting (if a contact/collision sport).  
6. Return to competition.

If any concussion symptoms recur, the athlete should drop back to the previous level and try to progress after 24 hours of rest. In addition, the student-athlete should also be monitored for recurrence of symptoms due to mental exertion such as reading, working on a computer, or taking a test.

For more Concussion Info go to [www.keepyourheadinthegame.org](http://www.keepyourheadinthegame.org)
CHITTENANGO CENTRAL SCHOOL DISTRICT
ATHLETIC PROGRAM PERMISSION SLIP AND ATHLETIC HEALTH HISTORY FORM

SPORT: __________________________________________________ LEVEL: Var / J.V / Fresh / Mod. A / Mod. B
(Please circle one)

SECTION I – STUDENT INFORMATION

Student: ___________________________________ Grade: _______ Birthdate: __________ Age: _______ Sex: _______
Parent/Guardian: ___________________________ Home Phone: ___________ Cell #: ___________
Address: __________________________________ City: __________________ Zip: ___________
Physician: _________________________________ Phone: ______________
Dentist: _________________________________ Phone: ______________
Preferred Hospital: _________________________ Date of most recent physical exam:
Insurance Carrier: __________________________ Policy #: ______________

Birthdate: __________ Age: _______ Sex: _______
Home Phone: ___________ Cell #: ___________
City: __________________ Zip: ___________
Name: ________________________________
Phone: ______________ Relationship: _________________
Date of most recent physical exam: __________________________

SECTION II – HEALTH HISTORY (since last health history completed)

<table>
<thead>
<tr>
<th><strong>Allergies (CIRCLE)</strong></th>
<th>Diabetes / Hypoglycemia</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Bee Sting/Medicines/Food/Latex/etc.)</td>
<td>Yes</td>
</tr>
</tbody>
</table>

| **Do you carry an Epi-Pen?** | Heart / Blood Pressure Problems |

| **Asthma** | Heat Exhaustion or Stroke |
| **Do you carry an Inhaler?** | Hearing Impaired |
| Concussion / Head Injury / Seizures | Bleeding Tendency / Anemia |
| Recent injury which requires medical attention and/or needs protective equipment to play | Recent Surgery and/or Hospitalization |
| Recent Illness lasting longer than one week (i.e. Mono) | Kidney / Liver Disease |
| Loss of Eye / Testicle / Kidney | Contact Lenses |
| Currently taking Medications | Is there any medical condition that may be aggravated by playing sports? |

IF YES, PLEASE EXPLAIN: ____________________________________________________________

SECTION III (PART A) – PARENT/GUARDIAN PERMISSION & STUDENT AGREEMENT (SEE ATTACHED)


Parents/Participants understand there is an inherent risk of injury while participating in sports.

Our signatures indicate:
- Permission to try out for and participate in interscholastic athletics.
- That we have read, understand and agree to follow the Student Athletic Code of Conduct, and Academic Eligibility Policy.
- PERMISSION FOR EMERGENCY TREATMENT BY A PHYSICIAN.
- PERMISSION TO SHARE THIS INFORMATION WITH THE COACHES & NECESSARY MEDICAL PERSONNEL.

(PART B)

PARENT: I have carefully read and understand the above. To the best of my knowledge, there is no existing condition that should exclude my son/daughter from athletic participation. My signature below constitutes my permission for my child to participate in the above named sport. We are aware and accept the possibility of serious injury inherent in athletic participation. In the event of an emergency, and I cannot be reached, my signature below constitutes my permission for my child to receive medical evaluation and necessary treatment to ensure his/her health and safety.

__________________________________________________/______________________________________________________________/___________
PARENT/GUARDIAN SIGNATURE STUDENT SIGNATURE DATE

**The NYSPHSAA states that a student cannot participate in athletics without the approval of the school medical officer. Physicals are valid for 12 continuous months. A health history update is required at the start of each season. If an injury has taken place; or if the student has a prolonged absence (5 consecutive days) due to an illness they must have a release from a physician.

***SIGNATURES ABOVE AGREE TO THE CODE OF CONDUCT***
INFORMATION FOR PARENTS
(Please Review)

Student Accident Insurance

Again this year, the Board of Education will provide a limited student accident insurance policy on all pupils. The name of the policy is the “Niagara Life/Commercial Travelers Mutual Insurance Company”. Even though it has limitations, as do many policies, it has assisted parents with some medical bills and with some additional coverage. A few important points are:

- The coverage is a non-duplicating plan. It will only consider paying up to the limits of the policy after the student’s family insurance has paid up to its normal limits. The family will first make a claim under their individual private policy, employer’s policy or Medicaid.

- The pupil at the time of the accident must be engaged in an approved school activity under the supervision of a school employee.

- The pupil must report the injury to the person in charge or school nurse as soon as an injury occurs.

- Report of an injury must be made to the school nurse within thirty (30) days to be eligible for a future claim.

- Upon report of medical treatment, the school nurse will send the proper form to the parent. The parent is responsible to return completed claim forms to the school nurse.

- Insurance benefits for acceptable claims will be mailed directly to the provider or to the family. It will then be the family’s responsibility to pay for the medical treatment.

*For additional information regarding student accident insurance, please contact the Business Office at 315-687-2850.*
Parent/Guardian/Student:

Subject: Extra-Curricular Handbook

Parent/Guardian and student will need to review the Extra-Curricular Handbook. Please read and review the material in its entirety as there have been changes and revisions made by the District Code of Conduct Review Committee.

After both parent/guardian and student have reviewed the Handbook, both need to sign this sheet below and hand it into their coach the first day of tryouts or advisor on the first day of meeting for an extra-curricular activity. Parent/guardian and student understand that once signed, this form is valid until the student graduates from the Chittenango Central School District.

All student-athletes are also required to sign and complete this form and the Health History form at the beginning of each season. If they are not completed in full, a student will not be allowed to participate.

Student Signature: ______________________  Print Name: _____________________________

Parent/Guardian Signature: ______________________  Print Name: _____________________________

Sport/Level/Activity: _____________________________  Date: _____________________________