| Week of NOVEMBER 9TH GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun NOV 8 | Mon NOV 9 | Tues NOV 10 | Weds NOV 11 | Thurs NOV 12 | FRI NOV 13 | Sat NOV 14 |
| HS Big 3:00-4:55 | | | G V/JV Bball | Boys Bball 9:30a-12pm | G V/JV Bball | | |
| HS Big 5:00-6:55 | | | | | | | |
| HS Big 7:00-8:55 | | | | | | | |
| HS Small 3:00-4:55 | | | | | | | |
| HS Small 5:00-6:55 | | | | | | | |
| Lake St | | | | | | | |
| Lake St | | | | | | | |
| BRE 3:15-5:15 | | Mod B Bball | Mod B Bball APW 3:45 | | | Mod B Bball | |
| BRE 5:15-7:15 | B V Vball 6pm-8pm | | | | | | |
| CMS Big 3:00-4:55 | | Mod G Vball | Mod G Vball Marc 3:45 | | Mod G Vball | Mod G Vball | |
| CMS Big 5:00-6:55 | | | | | | | |
| CMS Big 7:00-8:55 | | | | | | | |
| CMS Small 3:00-4:55 | | | | | | | |

| Week of NOVEMBER 16TH GYM PRACTICE SCHEDULE | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | |
|---|---|---|---|---|---|---|---|
| | Sun NOV 15 | Mon NOV 16 | Tues NOV 17 | Weds NOV 18 | Thurs NOV 19 | FRI NOV 20 | Sat NOV 21 |
| **HS Big 3:00-4:55** | Baseball 12-2 | V/JV G Bball | V/JV G Bball | V/JV G Bball | V/JV G Bball | V/JV G Bball | **V B Bball** |
| **HS Big 5:00-6:55** | | V B Bball | V B Bball | V B Bball | V B Bball | V B Bball | V/JV G Bball |
| **HS Big 7:00-8:55** | | | | | | | |
| **HS Small 3:00-4:55** | Baseball 12-2 | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer |
| **HS Small 5:00-6:55** | | | | | | | |
| **Lake St 3:00-4:30** | | JV B Bball | JV B Bball | JV B Bball | JV B Bball | JV B Bball | JV B Bball 8-10 |
| **Lake St 4:30-6:00** | | | | | | | |
| **BRE 3:15-5:15** | | Mod B Bball Pulaski 3:45 | Mod B Bball | | Mod B Bball | Mod B Ball JE 3:45 | |
| **BRE 5:15-7:15** | B V Vball 6pm-8pm | | | | | | |
| **CMS Big 3:00-4:55** | | Mod G Vball | Mod G Vball Solvay 3:45 | Mod g Vball Westhill 3:45 | Mod G Vball | Mod G Vball Skan 4:15 | |
| **CMS Big 5:00-6:55** | | | | | | | |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | V Wrestling | V Wrestling | V Wrestling | V Wrestling | V Wrestling | V Wrestling |

| Week of NOVEMBER 23RD GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun NOV 22 | Mon NOV 23 | Tues NOV 24 | Weds NOV 25 | Thurs NOV 26 | FRI NOV 27 | Sat NOV 28 |
| **HS Big 3:00-4:55** | Baseball 12-2 | B V Bball | B V Bball 3-4:30 | G V Bball 8-9:30 | | G V Bball | B V Bball |
| **HS Big 5:00-6:55** | | B JV Bball | G V Bball Tully 4:30 | B V Bball New Hart 9:30 | | B V Bball | G V Bball |
| **HS Big 7:00-8:55** | | | | | | | |
| **HS Small 3:00-4:55** | Baseball 12-2 | V Cheer | V Cheer | V Cheer | | V Cheer | V Cheer |
| **HS Small 5:00-6:55** | | | | | | | |
| **Lake St 3:00-4:30** | | | JV B Bball | G JV Bball | | G JV Bball | G JV Bball 8-10 |
| **Lake St 4:30-6:00** | | | | | | B JV Bball | B JV Bball 10-12 |
| **BRE 3:15-5:15** | | Mod B Bball | | B JV Bball New Hart 9:30 | | | |
| **BRE 5:15-7:15** | | | G JV Bball Tully 4:30 | | | | |
| **CMS Big 3:00-4:55** | | Mod G Vball | | | | | |
| **CMS Big 5:00-6:55** | | | | | | | |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | V Wrestling | V Wrestling | V Wrestling | | V Wrestling | V Wrestling |

| Week of NOVEMBER 30 GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun NOV 29 | Mon NOV 30 | Tues DEC 1 | Weds DEC 2 | Thurs DEC 3 | FRI DEC 4 | Sat DEC 5 |
| **HS Big 3:00-4:55** | | V G Bball | V/JV B Vball | V G Bball | V B Bball | V G Bball | **Mod G Vball 8-12:30** |
| **HS Big 5:00-6:55** | | V B Bball | V/JV b Bball Camden 4:30 | V B Bball | V G Bball | V/JV B Vball | |
| **HS Big 7:00-8:55** | | V/JV B Vball | | V/JV B Vball | | | |
| **HS Small 3:00-4:55** | | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer | |
| **HS Small 5:00-6:55** | | | | | | | |
| **Lake St 3:00-4:30** | | JV G Bball | | JV G Bball | JV B Bball | JV G Bball | JV B Bball 8-10 |
| **Lake St 4:30-6:00** | | JV B Bball | | JV B Vball | | | V B Bball 10-12 |
| **BRE 3:15-5:15** | | Mod B Bball | Mod B Bball Solvay 3:45 | Mod B Bball | V/JV B Vball | Mod B Bball | V G Bball 8-10 |
| **BRE 5:15-7:15** | | | | | | | JV G Bball 10-12 |
| **CMS Big 3:00-4:55** | | Mod G Vball | Mod G Vball | Mod G Vball | | Mod G Vball | V B Vball 8-10 |
| **CMS Big 5:00-6:55** | | | | | | | JV B Vball 10-12 |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | V Wrestling | V Wrestling | | V Wrestling | V Wrestling | V Wrestling |

| Week of DECEMBER 7TH GYM PRACTICE SCHEDULE | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | |
|---|---|---|---|---|---|---|---|
| | Sun DEC 6 | Mon DEC 7 | Tues DEC 8 | Weds DEC 9 | Thurs DEC 10 | FRI DEC 11 | Sat DEC 12 |
| **HS Big 3:00-4:55** | Baseball 12-2 | V/JV B Vball | V B Bball | V B bball | G V Bball | G V Bball | **ROBOTICS** |
| **HS Big 5:00-6:55** | | V/JV B Bball VVS 4:30 | V/JV G Bball Marc 4:30 | V G Bball | V Wrestling Homer 4:45 | ROBOTICS SET UP | |
| **HS Big 7:00-8:55** | | | | | | | |
| **HS Small 3:00-4:55** | Baseball 12-2 | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer | |
| **HS Small 5:00-6:55** | | | | | | | |
| **Lake St 3:00-4:30** | | V G Bball | JV B Bball | JV B Bball | JV G Bball | JV G Bball | JV B Bball 8-10 |
| **Lake St 4:30-6:00** | | JV G Bball | | JV G Bball | | | JV G Bball 10-12 |
| **BRE 3:15-5:15** | | Mod B Bball Hannibal 3:45 | Mod B Bball | Mod BBball | V B Vball | Mod G Vball 3-4:30 | V B Bball 8-10 |
| **BRE 5:15-7:15** | | | V B Vball | V B Vball | V B Vball | V/JV B Vball 4:30 Westmo | V G Bball 10-12 |
| **CMS Big 3:00-4:55** | | G Mod Vball Homer 3:45 | Mod G Vball | Mod G Vball | JV B Vball 3-4:30 | Mod B Bball Phoenix 3:45 | JV B Vball 8-10 |
| **CMS Big 5:00-6:55** | | | JV B Vball | JV B Vball | **CMS PLAY** | | V B Vball 10-12 |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | V Wrestling | V Wrestling | V Wrestling | | V Wrestling | V Wrestling |

| Week of DECEMBER 14TH GYM PRACTICE SCHEDULE | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | | |
|---|---|---|---|---|---|---|---|
| | Sun DEC 13 | Mon DEC 14 | Tues DEC 15 | Weds DEC 16 | Thurs DEC 17 | FRI DEC 18 | Sat DEC 19 |
| **HS Big 3:00-4:55** | Baseball 12-2 | V B Bball | V G Bball 3-4:30 | V B Bball | V G Bball | V B Bball | V B Bball |
| **HS Big 5:00-6:55** | | | V/JV Vball Little Falls 4:30 | | V/JV B Bball Weedsport 4:30 | V/JV G Bball Mexico 4:30 | V G Bball |
| **HS Big 7:00-8:55** | | | | | | | |
| **HS Small 3:00-4:55** | Baseball 12-2 | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer | |
| **HS Small 5:00-6:55** | | | | | | | |
| **Lake St 3:00-4:30** | | JV B Bball | JV G Bball | JV B Bball | JV G Bball | JV B Bball | |
| **Lake St 4:30-6:00** | | | | | | | |
| **BRE 3:15-5:15** | | Mod B Bball | | Mod B Bball | Mod B Bball BLG 3:45 | Mod B BBall | JV B bball 8-10 |
| **BRE 5:15-7:15** | | V B Vball | | V B Vball | | V B Vball | JV G Bball 10-12 |
| **CMS Big 3:00-4:55** | | Mod G Vball | | Mod G Vball | Mod G Vball Phoenix 3:45 | Mod G Vball | V B Vball |
| **CMS Big 5:00-6:55** | | JV B Vball | | JV B Vball | | JV G Bball | JV B Vball |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | V Wrestling | V Wrestling | | V Wrestling | V Wrestling | V Wrestling |

| Week of DECEMBER 21ST GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun DEC 20 | Mon DEC 21 | Tues DEC 22 | Weds DEC 23 | Thurs DEC 24 | FRI DEC 25 | Sat DEC 26 |
| **HS Big 3:00-4:55** | | B V Bball | G V Ball | B V Bball | G V Bball | | **B V Bball 10-12** |
| **HS Big 5:00-6:55** | | V/JV G Bball Oriskany 4:30 | V/JV B Bball Oneida 4:30 | G V Bball | B V Bball | | G V Ball 12-2 |
| **HS Big 7:00-8:55** | | | | | | | |
| **HS Small 3:00-4:55** | | V Cheer | V Cheer | V Cheer | V Cheer | | |
| **HS Small 5:00-6:55** | | | | | | | |
| **Lake St 3:00-4:30** | | JV B Bball | JV G Bball | | | | |
| **Lake St 4:30-6:00** | | | | | | | |
| **BRE 3:15-5:15** | | | Mod B Bball | JV B Bball | JV G Bball | | JV B Bball 10-12 |
| **BRE 5:15-7:15** | | | | JV G Bball | JV B bball | | JV G Bball 12-2 |
| **CMS Big 3:00-4:55** | | Mod G Vball | Mod G Vball | V B Vball | JV B Vball | | V B Vball 10-12 |
| **CMS Big 5:00-6:55** | | | | JV B Vball | V B Vball | | JV B Vball 12-2 |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | V Wrestling | V Wrestling | V Wrestling | V Wrestling | | V Wrestling |

| Week of DECEMBER 28TH GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun DEC 27 | Mon DEC 28 | Tues DEC 29 | Weds DEC 30 | Thurs DEC 31 | FRI JAN 1 | Sat JAN 2 |
| **HS Big 3:00-4:55** | V B Bball | V G Bball | JV Boys Vball Tourney 8am-4pm | V/JV Vball | V B Bball | | **V G bball** |
| **HS Big 5:00-6:55** | JV B Bball | JV G Bball | | JV G Bball | V G Bball | | V B Bball |
| **HS Big 7:00-8:55** | | V/JV B Vball | V B Vball | G V Bball | | | JV B Bball |
| **HS Small 3:00-4:55** | | V Cheer | V Cheer | V Cheer | V Cheer | | |
| **HS Small 5:00-6:55** | | | | | | | |
| **Lake St 3:00-4:30** | | | | | | | |
| **Lake St 4:30-6:00** | | | | | | | |
| **BRE 3:15-5:15** | | | | | JV B Bball | | V B Vball |
| **BRE 5:15-7:15** | | | | | JV G Bball | | JV G Bball |
| **CMS Big 3:00-4:55** | | | | | JV B Vball | | |
| **CMS Big 5:00-6:55** | | | | | V B Vball | | JV B Vball |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | V Wrestling | V Wrestling | V Wrestling | V Wrestling | | V Wrestling |

| Week of JANUARY 4TH GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun JAN 3 | Mon JAN 4 | Tues JAN 5 | Weds JAN 6 | Thurs JAN 7 | FRI JAN 8 | Sat JAN 9 |
| **HS Big 3:00-4:55** | | V B Bball | V G Bball | V B Bball | V G Bball | V/JV Vball | V B Bball |
| **HS Big 5:00-6:55** | | V G Bball | V/JV B Bball Mexico 4:30 | V G Bball | V Bball | V/JV G Bball Homer 4:30 | V/JV B Vball VVS 11am |
| **HS Big 7:00-8:55** | | | | | | | |
| **HS Small 3:00-4:55** | | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer | |
| **HS Small 5:00-6:55** | | | | | | | |
| **Lake St 3:00-4:30** | | JV B Bball | JV G Bball | JV B Bball | JV G Bball | V B Bball | JV B Bball 8-10 |
| **Lake St 4:30-6:00** | | JV G Bball | | JV G Bball | JV Bball | JV B Bball | |
| **BRE 3:15-5:15** | | JV B Vball | V B Vball 3-4:45 | Mod G Bball | Mod G Bball | Mod G Bball | G V Bball |
| **BRE 5:15-7:15** | | V B Vball | JV B Vball Cincy 4:45 | V B Vball | | | G JV Bball |
| **CMS Big 3:00-4:55** | | | | Mod B Vball JV B Vball | Mod B Vball V Wrestling | Mod B Vball V Wrestling | |
| **CMS Big 5:00-6:55** | | | | | | | |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | V Wrestling | V Wrestling | Mod Wrestling | Mod Wrestling | Mod Wrestling | |

| Week of JANUARY 11TH GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun JAN 10 | Mon JAN 11 | Tues JAN 12 | Weds JAN 13 | Thurs JAN 14 | FRI JAN 15 | Sat JAN 16 |
| **HS Big 3:00-4:55** | Baseball 12-2 | V B Bball | V G Bball | V B Bball | V G Bball | V B Bball | V B Bball |
| **HS Big 5:00-6:55** | | V Wrestling ESM 5:00 | V/JV B Bball Citizenship 4:30 | V Wrestling JD/CBA 5:00 | V/JV B Vball Oneida 4:30 | V/JV G Bball Caz 4:30 | JV B Bball |
| **HS Big 7:00-8:55** | | | | | | | V G Bball |
| **HS Small 3:00-4:55** | Baseball 12-2 | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer | |
| **HS Small 5:00-6:55** | | | V Wrestling | | V Wrestling | V Wrestling | |
| **Lake St 3:00-4:30** | | JV B Bball | JV G Bball | JV B Ball | JV G Bball | JV B Bball | |
| **Lake St 4:30-6:00** | | JV G Bball | | | JV B Bball | | |
| **BRE 3:15-5:15** | | Mod G Bball 3-4:30 | Mod G Bball | Mod G Bball | V B Bball | Mod G Bball | JV G Vball |
| **BRE 5:15-7:15** | | V B Vball Canastota 4:30 | | V B Vball | | V B Vball | V B Vball |
| **CMS Big 3:00-4:55** | | Mod B Vball JV B Vball | Mod B Vball | Mod B Vball | Mod B Vball | JV B Vball | JV B Vball |
| **CMS Big 5:00-6:55** | | | | JV B Vball | | | |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | Mod Wrestling | Mod Wrestling | Mod Wrestling | Mod Wrestling | Mod Wrestling | |

| Week of JANUARY 18TH GYM PRACTICE SCHEDULE | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | |
|---|---|---|---|---|---|---|---|
| | Sun JAN 17 | Mon JAN 18 | Tues JAN 19 | Weds JAN 20 | Thurs JAN 21 | FRI JAN 22 | Sat JAN 23 |
| **HS Big 3:00-4:55** | Baseball 12-2 | V G bball 8-10 | G V Bball | V G Bball | V B Bball | V/JV Vball | **PEE WEE WRESTLING** |
| **HS Big 5:00-6:55** | | JV G Bball 10-12 | V/JV B Bball SAS 4:30 | V Wrestling Cortland 5:00 | V/JV G Bball Cortland 4:30 | V/JV B Bball Solvay 4:30 | |
| **HS Big 7:00-8:55** | | V B Bball 12-2<br>JV B BBall 2-4 | | | | | |
| **HS Small 3:00-4:55** | Baseball 12-2 | V Wrestling | V Wrestling | | V Wrestling | V Wrestling | |
| **HS Small 5:00-6:55** | | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer | |
| **Lake St 3:00-4:30** | | | JV G Bball | JV G Bball | JV B Bball | JV G Bball | JV B Bball 8-10 |
| **Lake St 4:30-6:00** | | | | JV B Bball | | V G Bball | V B Ball 10-12 |
| **BRE 3:15-5:15** | | V B Vball | Mod G Bball | Mod G Bball Caz 3:45 | Mod G Bball | Mod G Bball Marcellus 4:00 | JV G Bball |
| **BRE 5:15-7:15** | | | | V B Bball 7:15-9:15 | | | V G Bball |
| **CMS Big 3:00-4:55** | | JV B Vball | Mod B Vball | Mod B Vball VVS 3:45 | Mod B Vball | Mod B Vball 3-4:30 | JV B Vball |
| **CMS Big 5:00-6:55** | | | | | | 5/6 ACTIVITY NIGHT | V B Vball |
| **CMS Big 7:00-8:55** | | | | V/JV Vball 7-9 | | | |
| **CMS Small 3:00-4:55** | | | Mod Wrestling | Mod Wrestling | Mod Wrestling | Mod Wrestling | |

| Week of JANUARY 25TH GYM PRACTICE SCHEDULE | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | | |
|---|---|---|---|---|---|---|---|
| | Sun JAN 24 | Mon JAN 25 | Tues JAN 26 | Weds JAN 27 | Thurs JAN 28 | FRI JAN 29 | Sat JAN 30 |
| **HS Big 3:00-4:55** | Baseball 12-2 | V/JV Vball | V G Bball | B V bball | V B Bball | G V Bball | V/JV B Vball |
| **HS Big 5:00-6:55** | | | V Wrestling Canastota 5:00 | B JV Bball | G V Ball | | G V Bball |
| **HS Big 7:00-8:55** | | | | | V B Vball | | B V Bball |
| **HS Small 3:00-4:55** | Baseball 12-2 | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer | |
| **HS Small 5:00-6:55** | | V Wrestling | | V Wrestling | V Wrestling | V Wrestling | V Wrestling |
| **Lake St 3:00-4:30** | | | V B Bball | | JV G Bball | | JV G Bball 8-10 |
| **Lake St 4:30-6:00** | | | JV G Bball | | JV B Bball | | |
| **BRE 3:15-5:15** | | Mod G Bball Mexico 3:45 | Mod G Bball 3-4:30 | V B Vball | Mod G Bball | V B Vball | |
| **BRE 5:15-7:15** | | | V/JV B Vball SV 4:30 | JV B Vball | JV B Vball | JV B Vball | JV B Bball |
| **CMS Big 3:00-4:55** | | Mod B Vball Skan Gold 4:00 | Mod B Vball | Mod B Vball Lyncourt 4:00 | MOD B Vball | Mod B Vball | |
| **CMS Big 5:00-6:55** | | | JV B Bball | | Mod Wrestling Mexico/CSQ 3:15 | | |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | | Mod Wrestling | Mod Wrestling | | Mod Wrestling | |

| Week of FEBRUARY 1ST GYM PRACTICE SCHEDULE | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | | |
|---|---|---|---|---|---|---|---|
| | Sun JAN 31 | Mon FEB 1 | Tues FEB 2 | Weds FEB 3 | Thurs FEB 4 | FRI FEB 5 | Sat FEB 6 |
| **HS Big 3:00-4:55** | Baseball 12-2 | V B Bball | V/JV Vball | V G Bball | V/JV Vball 3-4:30 | V G Bball 3-4:30 | **Snowman Showdown** |
| **HS Big 5:00-6:55** | | V/JV G Bball Canastota 4:30 | V/JV G Bball Weedsport 4:30 | V B Bball | V/JV V BBall Caz 4:30 | V B Bball 4:30-6 | |
| **HS Big 7:00-8:55** | | | | | | Snowman Setup 6:00 | |
| **HS Small 3:00-4:55** | Baseball 12-2 | V Wrestling | V Wrestling | V Wrestling | V Wrestling | V Wrestling | |
| **HS Small 5:00-6:55** | | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer | |
| **Lake St 3:00-4:30** | | JV B Bball | | JV G Bball | | JV G Ball | JV B Bball 8-10 |
| **Lake St 4:30-6:00** | | | | JV B Vball | | JV B Bball | V B Bball 10-12 |
| **BRE 3:15-5:15** | | Mod G Bball CBA 3:45 | Mod G Bball 3-4:30 | Mod G Bball | V | Mod G Bball | V G Bball |
| **BRE 5:15-7:15** | | | V/JV B Vball Proctor 4:30 | V B Vball | | B V Vball | JV G Bball |
| **CMS Big 3:00-4:55** | | Mod B Vball | Mod B Vball JD 4:00 | Mod B Vball | | JV B Vball 3-4:30 | JV B Vball |
| **CMS Big 5:00-6:55** | | JV B Vball | | JV B Vball | | CMBA COFFEHOUSE | V B Vball |
| **CMS Big 7:00-8:55** | | V B Vball | | | | | |
| **CMS Small 3:00-4:55** | | | Mod Wrestling | Mod Wrestling | | Mod Wrestling | |

| Week of FEBRUARY 8TH GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun FEB 7 | Mon FEB 8 | Tues FEB 9 | Weds FEB 10 | Thurs FEB 11 | FRI FEB 12 | Sat FEB 13 |
| **HS Big 3:00-4:55** | Baseball 12-2 | V/JV B Vball | V G Bball | V B Bball | V B Bball | V G Bball | G V BBall |
| **HS Big 5:00-6:55** | | V/JV G Bball Oneida 4:30 | V/JV B Vball RFA 4:30 | V G bball | V/JV B Vball CVA 4:30 | V/JV B Bball Wboro 4:30 | B V Bball |
| **HS Big 7:00-8:55** | | | | V/JV Vball | | | |
| **HS Small 3:00-4:55** | Baseball 12-2 | V Cheer | V Cheer | V Cheer | V Cheer | V Cheer | |
| **HS Small 5:00-6:55** | | V Wrestling | V Wrestling | V Wrestling | V Wrestling | V Wrestling | |
| **Lake St 3:00-4:30** | | JV B Bball | JV G Bball | | JV B Bball | JV G Bball | JV G Bball 8-10 |
| **Lake St 4:30-6:00** | | | | | JV G Bball | | |
| **BRE 3:15-5:15** | | V B Bball | Mod G Bball | Mod G Bball Homer 3:45 | Mod G Bball | Mod G Bball | V B Vball |
| **BRE 5:15-7:15** | | | | | V G Bball | V B Vball | |
| **CMS Big 3:00-4:55** | | Mod B Vball | Mod B Vball | Mod B Vball Westhill 4:00 | Mod B Vball | Mod B Vball | JV B vball |
| **CMS Big 5:00-6:55** | | | | | | JV B Vball | |
| **CMS Big 7:00-8:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | Mod Wrestling | Mod Wrestling | Mod Wrestling | | Mod Wrestling | |

| Week of FEBRUARY 15TH GYM PRACTICE SCHEDULE | | FEB BREAK | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|
| | Sun FEB 14 | Mon FEB 15 | Tues FEB 16 | Weds FEB 17 | Thurs FEB 18 | FRI FEB 19 | Sat FEB 20 |
| **HS Big 3:00-4:55** | | BEAR BASKETBALL CAMP 9a-12pm | | | | | |
| **HS Big 5:00-6:55** | | G V bball | V/JV G Bball Auburn 12pm Set 1 & 2:30 Game | G V Bball | G V Bball | G V Bball | B V Bball |
| **HS Big 7:00-8:55** | | B V ball | | B V Bball | B V Bball | B V BBall | G V Bball |
| | | | B V Bball 5pm | | | | |
| **HS Small 3:00-4:55** | | Bear Basketball Camp 9a-12p | | | | | |
| **HS Small 5:00-6:55** | | | | | | | |
| **Lake St 3:00-4:30** | | Bear Basketball Camp 9a-12p | | | | | |
| **Lake St 4:30-6:00** | | | | | | | |
| **BRE 3:15-5:15** | | V B Vbal | V B Vbal | V B Vbal | V B Vbal | V B Vbal | V B Vbal |
| **BRE 5:15-7:15** | | | | | | | |
| **CMS Big 3:00-4:55** | | | | | | | |
| **CMS Big 5:00-6:55** | | | | | | | |
| **CMS Small 3:00-4:55** | | | | | | | |

| Week of FEBRUARY 22ND GYM PRACTICE SCHEDULE | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | | |
|---|---|---|---|---|---|---|---|
| | Sun FEB 21 | MON FEB 22 | Tues FEB 23 | Weds FEB 24 | Thurs FEB 25 | FRI FEB 26 | Sat FEB 27 |
| HS Big 3:00-4:55 | | G V Bball | B V Bball | G V Bball | B V Bball | V B Vball | |
| HS Big 5:00-6:55 | | Boys V Vball Sectionals | B V Vball Sectionals | B V Vball Sectionals | G V Bball | | |
| HS Big 7:00-8:55 | | | | | | | |
| HS Small 3:00-4:55 | | | | | | | |
| HS Small 5:00-6:55 | | | | | | | |
| Lake St 3:00-4:30 | | B V Bball | | B V Bball | | | |
| Lake St 4:30-6:00 | | | | | | | |
| BRE 3:15-5:15 | | Mod G Bball | G V Bball | Mod G Bball | Mod B Vball | Mod G Bball | |
| BRE 5:15-7:15 | | | | | | | |
| CMS Big 3:00-4:55 | | | | | Mod Wrestling 3:15 JE Oswego | Mod B Vball Solvay 3:45 | |
| CMS Big 5:00-6:55 | | | | | | | |
| CMS Big 7:00-8:55 | | | | | | | |
| CMS Small 3:00-4:55 | | Mod Wrestling | | Mod Wrestling | | Mod Wrestling | |

| Week of MARCH 1ST GYM PRACTICE SCHEDULE | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | | |
|---|---|---|---|---|---|---|---|
| | Sun FEB 28 | Mon MAR 1 | Tues MAR 2 | Weds MAR 3 | Thurs MAR 4 | FRI MAR 5 | Sat MAR 6 |
| HS Big 3:00-4:55 | Baseball 12-2 | | | | | | PEE WEE WRESTLING |
| HS Big 5:00-6:55 | | | | | Mod Wrestling 3:00 WG/Onon | CMS MARCH MADNESS | |
| HS Big 7:00-8:55 | | | | | | | |
| HS Small 3:00-4:55 | Baseball 12-2 | | | | | | |
| HS Small 5:00-6:55 | | | | | | | |
| Lake St 3:00-4:30 | | | | | | | |
| Lake St 4:30-6:00 | | | | | | | |
| BRE 3:15-5:15 | | Mod G Bball | | Mod G Bball | Mod G Bball Cortland 3:45 | | |
| BRE 5:15-7:15 | | | | | | | |
| CMS Big 3:00-4:55 | | | Mod B Vball | Mod B Vball | | | |
| CMS Big 5:00-6:55 | | | | | | | |
| CMS Big 7:00-8:55 | | | | | | | |
| CMS Small 3:00-4:55 | | Mod Wrestling | Mod Wrestling | Mod Wrestling | | | |

| Week of MARCH 8TH GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun MAR 7 | Mon MAR 8 | Tues MAR 9 | Weds MAR 10 | Thurs MAR 11 | FRI MAR 12 | Sat MAR 13 |
| HS Big 3:00-4:55 | | | | | | | |
| HS Big 5:00-6:55 | | | | | | | |
| HS Big 7:00-8:55 | | | | | | | |
| HS Small 3:00-4:55 | Baseball 2-3 | | | | | | |
| HS Small 5:00-6:55 | | | | | | | |
| Lake St 3:00-4:30 | | | | | | | |
| Lake St 4:30-6:00 | | | | | | | |
| BRE 3:15-5:15 | | | | | | | |
| BRE 5:15-7:15 | | | | | | | |
| CMS Big 3:00-4:55 | | | | | | | |
| CMS Big 5:00-6:55 | | | | | | | |
| CMS Big 7:00-8:55 | | | | | | | |
| CMS Small 3:00-4:55 | | | | | | | |

| Week of MARCH 15TH GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun MAR 14 | Mon MAR 15 | Tues MAR 16 | Weds MAR 17 | Thurs MAR 18 | FRI MAR 19 | Sat MAR 20 |
| HS Big 3:00-4:55 | | | | | | | |
| HS Big 5:00-6:55 | | | | | | | |
| HS Big 7:00-8:55 | | | | | | | |
| HS Small 3:00-4:55 | | | | | | | |
| HS Small 5:00-6:55 | | | | | | | |
| Lake St 3:00-4:30 | | | | | | | |
| Lake St 4:30-6:00 | | | | | | | |
| BRE 3:15-5:15 | | | | | | | |
| BRE 5:15-7:15 | | | | | | | |
| CMS Big 3:00-4:55 | | | | | | | |
| CMS Big 5:00-6:55 | | | | | | | |
| CMS Big 7:00-8:55 | | | | | | | |
| CMS Small 3:00-4:55 | | | | | | | |

| Week of MARCH 22ND GYM PRACTICE SCHEDULE | | | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 |
|---|---|---|---|---|---|---|---|
| | Sun MAR 21 | Mon MAR 22 | Tues MAR 23 | Weds MAR 24 | Thurs MAR 25 | FRI MAR 26 | Sat MAR 27 |
| HS Big 3:00-4:55 | | | | | | | |
| HS Big 5:00-6:55 | | | | | | | |
| HS Big 7:00-8:55 | | | | | | | |
| HS Small 3:00-4:55 | | | | | | | |
| HS Small 5:00-6:55 | | | | | | | |
| Lake St 3:00-4:30 | | | | | | | |
| Lake St 4:30-6:00 | | | | | | | |
| BRE 3:15-5:15 | | | | | | | |
| BRE 5:15-7:15 | | | | | | | |
| CMS Big 3:00-4:55 | | | | | | | |
| CMS Big 5:00-6:55 | | | | | | | |
| CMS Big 7:00-8:55 | | | | | | | |
| CMS Small 3:00-4:55 | | | | | | | |

| Week of MARCH 29TH GYM PRACTICE SCHEDULE | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | | |
|---|---|---|---|---|---|---|---|
| | Sun MAR 28 | Mon MAR 29 | Tues MAR 30 | Weds MAR 31 | Thurs APRIL 1 | FRI APRIL 2 | Sat APRIL 3 |
| HS Big 3:00-4:55 | | | | | | | |
| HS Big 5:00-6:55 | | | | | | | |
| HS Big 7:00-8:55 | | | | | | | |
| HS Small 3:00-4:55 | | | | | | | |
| HS Small 5:00-6:55 | | | | | | | |
| Lake St 3:00-4:30 | | | | | | | |
| Lake St 4:30-6:00 | | | | | | | |
| BRE 3:15-5:15 | | | | | | | |
| BRE 5:15-7:15 | | | | | | | |
| CMS Big 3:00-4:55 | | | | | | | |
| CMS Big 5:00-6:55 | | | | | | | |
| CMS Big 7:00-8:55 | | | | | | | |
| CMS Small 3:00-4:55 | | | | | | | |

| Week of APRIL 5TH GYM PRACTICE SCHEDULE | | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | | |
|---|---|---|---|---|---|---|---|
| | Sun APRIL 4 | Mon APRIL 5 | Tues APRIL 6 | Weds APRIL 7 | Thurs APRIL 8 | FRI APRIL 9 | Sat APRIL 10 |
| HS Big 3:00-4:55 | | | | | | | |
| HS Big 5:00-6:55 | | | | | | | |
| HS Big 7:00-8:55 | | | | | | | |
| HS Small 3:00-4:55 | | | | | | | |
| HS Small 5:00-6:55 | | | | | | | |
| Lake St 3:00-4:30 | | | | | | | |
| Lake St 4:30-6:00 | | | | | | | |
| BRE 3:15-5:15 | | | | | | | |
| BRE 5:15-7:15 | | | | | | | |
| CMS Big 3:00-4:55 | | | | | | | |
| CMS Big 5:00-6:55 | | | | | | | |
| CMS Big 7:00-8:55 | | | | | | | |
| CMS Small 3:00-4:55 | | | | | | | |

| Week of APRIL 12TH GYM PRACTICE SCHEDULE | SPRING BREAK | | | | HOLIDAY/SATURDAY START TIMES 8:00/10:00/12:00 | | |
|---|---|---|---|---|---|---|---|
| | Sun APRIL 11 | Mon APRIL 12 | Tues APRIL 13 | Weds APRIL 14 | Thurs APRIL 15 | FRI APRIL 16 | Sat APRIL 17 |
| HS Big 3:00-4:55 | | | | | | | |
| HS Big 5:00-6:55 | | | | | | | |
| HS Big 7:00-8:55 | | | | | | | |
| HS Small 3:00-4:55 | | | | | | | |
| HS Small 5:00-6:55 | | | | | | | |
| Lake St 3:00-4:30 | | | | | | | |
| Lake St 4:30-6:00 | | | | | | | |
| BRE 3:15-5:15 | | | | | | | |
| BRE 5:15-7:15 | | | | | | | |
| CMS Big 3:00-4:55 | | | | | | | |
| CMS Big 5:00-6:55 | | | | | | | |
| CMS Big 7:00-8:55 | | | | | | | |
| CMS Small 3:00-4:55 | | | | | | | |