

## 2021 MODIFIED SPORTS FIRST DAY PRACTICE INFORMATION

TEAM	1 <sup>st</sup> DAY	SITE	TIME
Football	Monday 8/30	CMS Meet on black top behind the Gym	3-5pm
Girls Soccer	Tuesday 9/7	Button Field	3-5pm
Boys Soccer	Tuesday 9/7	Bolivar Rd Upper Field	3-5pm
Boys & Girls XC	Tuesday 9/7	CHS	3-5pm
Tennis	Tuesday 9/7	CHS Tennis Courts	3-5pm

- Athletes should be prepared with athletic attire, sneakers or cleats, and should bring their own water. Tennis players should have their own racket. Both hands should fit on the grip for correct sizing.
- Football will practice Monday 8/30 - Friday 9/3, 3-5pm at CMS. All other practices will start the first day of school.
- Football Helmet distribution will begin at 2:30pm on Monday 8/30.
- Athletes practicing at Bolivar Rd/Button Fields, and the HS will be shuttled to those sites after school. They will need to be picked up at the practice sites.
- At this time, there will be a 5:15pm bus to the Bridgeport area. All others will need to provide for transportation home.

**All students need a valid physical at the START of the season. A valid physical for Football is dated 8/1/2020 or after. For all other Modified Sports, a valid physical is dated 9/1/2020 or after.**