



STAY HOME IF YOU'RE SICK

If you're sick, stay home, rest, and remember to:



Cover your coughs and sneezes with a tissue or your sleeve.



Wash your hands often with soap and water.



Clean frequently touched surfaces and objects (for example, TV remotes and computers).



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

**Employers: Consider offering flexible leave and telework policies.
Make it easier for your staff to stay home when they're sick
or caring for a sick family member**

What's on *YOUR* Hands?

Money

Cell Phone

Door Knob

Tablet

Game Controller

Remote Control



Viruses and bacteria can live for several hours on many surfaces.

What did you touch today?



Faucet

Pencils



Basketball

Computer Mouse

Bathroom Door

Desktop

Keyboard

Seatbelt

School Books

Wash Those Germs Away!